

Coaching for a Thriving Organisation using the Resilience Quotient Inventory and the Leadership Climate Indicator

Wednesday 23rd September, 2020

9:45am – 12:50pm

Virtual Seminar

Following the success of the virtual seminar in June our September event will also be delivered in a similar online format. Our topic for this event focuses on coaching by providing support with well-being, resilience and high performance in the workplace. During the event, two development tools will be discussed that measure different aspects of this area of coaching. Our speakers for the day will be Dr Matthew Critchlow, Managing Director of Thrive and Sarah Speers, Consulting Director, Training Solutions, PSI Services.

The programme details are as follows:

09.45 **Registration (bring-your-own coffee and conversation)**

10.00 **Welcome and Introductions: TPF Event Chairs – *Xanthy Kallis & Lynne Hindmarch***

10.05 **Coaching with the Resilience Quotient Inventory (RQi): *Dr Matthew Critchlow***

The Resilience Quotient Inventory (RQi) measures beliefs, behaviours and environmental factors that enable people and teams to cope well under stress and bounce back from adversity. It was developed by Dr Matthew Critchlow and Dr Julian Edwards. Matthew will be leading an interactive session where we can explore our own and our client's resilience and relate this to the Six Elements of Resilience Model which underpins the RQi. All participants will have the opportunity to complete the RQi for themselves ahead of the session.



11.15 **Coffee break and networking**

11.30 **The Leadership Climate Indicator (LCI): *Sarah Speers***



In this interactive session Sarah will introduce us to the Leadership Climate Indicator (LCI) which measures the Emotional Intelligence of an organisation. It focuses on, and measures, the behaviour of leaders, both positive and negative, as a major factor determining the emotional climate or tone they will set in an organisation ("How does it feel to work around here?" and "How does it feel to be led by you?"). Sarah will also discuss the LCI model, and you will have the opportunity to practice applying the model for group development and individual coaching. The LCI is completed by employees who assess the climate created by individual line managers and/or groups of leaders such as a senior leadership team. It provides a snapshot diagnosis of how the current leadership climate is perceived and experienced by employees.

12.40 **Closing remarks: TPF Event Chairs – *Xanthy Kallis & Lynne Hindmarch***

12.45 **Session ends**

Booking Details

With a break from our usual face-to-face venue of the Naval Club we are continuing the reduced cost for this virtual event of £6 for members and £16 for non-members*.

Reserve your place and pay online via our website using our new online booking facility ([Eventbrite Booking](#)) or use the traditional method of completing the booking form and sending it to Caro Leitzell by post (16 The Hall Way, Littleton, Winchester, Hampshire. SO22 6QL) or by email at administration@psychometricsforum.org. Payment by bank transfer or cheque (bank details appear in the booking form, cheques to be sent to the same address) needs to be received by **Friday 18th September** at the latest in order to confirm your attendance. Receipts will be emailed to you. **Please note that we will only accept a booking once the attendance fee is paid.**

Refunds: If you need to cancel your place, provided the Administrator is informed before **11am Tuesday 22nd September**, the full payment will be refunded.

Continuous Professional Development

CPD certificates will be emailed to all attendees after the event.

****Note about membership:** you can join the Psychometrics Forum at any time. If you sign up for membership at the time of booking and pay by direct debit, you will be able to immediately take advantage of the reduced rate for members. Membership forms are available directly from our Administrator, Caro Leitzell on tel no. 01962 880920 or email administration@psychometricsforum.org or can be downloaded directly from the Forum website: <https://www.psychometricsforum.org/membership-of-the-forum/>*

We are sure you will find this a particularly valuable day and very much look forward to seeing you there.

Yours sincerely

Tameron Chappell

Chair of The Psychometrics Forum

Contact Tameron Chappell, tel 01865 748365, email tameron.chappell@athinka.com

Dates for your Diary

- Tuesday 24th November: New Frontiers Seminar (location to be confirmed)
- Tuesday 24th November (4:30pm - 6pm): Annual Networking Event (location to be confirmed)